

Grow Your Socks Activity Instructions

Did you know that some plants will use animals to disperse, or spread, their seeds to new area? If seeds only grew right below the parent plant, they might not have enough sunlight, space, or nutrients in the soil to grow up big and strong. By having seeds that can stick to an animal's fur, they can travel long distances before falling to the ground. Hopefully the journey has allowed the seeds to grow in an area with more resources and have a better chance of survival. Discover the plants that live around your home and these amazing abilities of their seeds with this fun activity!

Materials

Old pair of socks
Clear sealable bag
Water

Instructions

- Step 1: Put on the old pair of socks and go walk/run around in a grassy area.
- Step 2: Once the socks are dirty and you think you have some seeds stuck to them, take the socks off and place them in the clear sealable bag.
- Step 3: Add enough water to get the socks damp, seal the bag, and place in a sunny spot.
- Step 4: Continue adding water to keep the socks damp over the next 1-2 weeks and see if anything starts to grow!